



## Nebraska Brain Injury Conference

March 26<sup>th</sup> & 27<sup>th</sup>, 2020

Younes Conference Center | Kearney, Nebraska

Sponsored by:



Print and postage costs were supported, in part by grant number 90TBSG0036-02-00, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects under government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official Administration for Community Living policy.

7:30 – 9:00 a.m.	<b>Registration &amp; Coffee</b> in Exhibit Area / Diamond 6, 7, 8
9:00 a.m. Crystal 1 & 2 Everyone	<b>Mindfulness-Based Consciousness in Brain Injury Rehabilitation</b> / Dave Anders, MS, CCC-SLP; CBIST On With Life, Director of Therapy Services, Ankeny, IA  <i>Objectives:</i> Define the basic concepts associated with conscious professionalism; identify the concepts at the juncture between mindfulness, professionalism and neurorehabilitation; and illustrate techniques to apply conscious professionalism concepts within the team and clinical settings.
10:10 a.m.	<b>Break with Food</b> - Exhibit Area / Diamond 6, 7, 8
10:25 a.m. Crystal 1 & 2 Everyone	<b>Ambiguous Loss and Grief</b> / Ben Woodworth, MSW, CBIST, Director of Training; Iowa Association of Community Providers, Urbandale, IA  <i>Objectives:</i> Identify the psycho-social impacts of brain injury and concepts pertaining to grief and ambiguous loss on the individuals and on the multiple systems, including the family system; review key strategies for managing ambiguous loss after brain injury and show how to apply these strategies as well as cite further resources and options for further training.
11:25 a.m.	<b>Stretch Break</b> (No Snacks Provided)
11:35 a.m.	<b>Breakout Sessions: Choose one</b>
Crystal 1 Everyone	<b>Behavior Management: Managing Agitation After a Brain Injury</b> / Tiffany Armstrong, MSN, RN, CRRN, CBIS, Clinical Supervisor/Brain Injury Program Leader; Madonna Rehabilitation Hospital, Omaha  <i>Objectives:</i> Identify strategies to prevent behaviors stemming from brain injury from escalating; describe strategies to de-escalate agitation in persons with brain injury.
Crystal 2 Professional Level	<b>SWAPS and EmReg: Evidence-Based Interventions Problem Solving and Emotional Regulation Challenges</b> / Dave Anders, MS, CCC-SLP, CBIST; On With Life, Clinical Director, Ankeny, IA  <i>Objectives:</i> Demonstrate the clinical indications for application of the SWAPS and EmReg interventions with individuals with brain injury; explain the steps associated with the SWAPS intervention and with the EmReg intervention in clinical application.
12:35 p.m.	<b>BIA-NE Awards Luncheon</b> / Diamond 4 & 5 Peggy Reisher, Executive Director, MSW, Brain Injury Alliance of Nebraska
2:00 p.m.	<b>Breakout Sessions: Choose one</b>
Crystal 1 Everyone	<b>Dry Needling / Michelle Ninemire, PT, DPT and Jocelyn Shaal, PT, DPT, Physical Therapy; CHI Immanuel Health Rehabilitation Care, Omaha</b>  <i>Objectives:</i> Review proposed mechanisms and effects of trigger point dry needling and report subjective and objective findings indicating appropriate referral for dry needling; demonstrate indications, precautions, and contraindications related to dry needling technique and discuss state laws and limitations related to dry needling.
Crystal 2 Professional Level	<b>Psycho-Social Implications of Brain Injury: The Need for Cultural Competence in Professional Caregivers</b> / Ben Woodworth, MSW, CBIST, Director of Training; Iowa Association of Community Providers, Urbandale, IA  <i>Objectives:</i> Identify the psycho-social impacts of brain injury and the multiple systems in which people experiencing brain injury are served; describe the key components of cultural competence and how those components apply to work as professional caregiver; and explain resources, strategies and options for training and educating professionals about both the psycho-social impacts of brain injury and cultural competence.
3:00 p.m.	<b>Break with Food</b> - Exhibit Area / Diamond 6, 7, 8
3:20 p.m.	<b>Breakout Sessions: Choose one</b>

3:20 p.m.	<b>Breakout Sessions: Choose one</b>
Crystal 1 Everyone	<b>Make Your Voice Heard</b> / Kathy Hoell, Executive Director and Brad Meurrens, MPA, Public Policy Director; Disability Rights Nebraska, Lincoln <i>Objectives:</i> Demonstrate why advocacy is important and identify opportunities to advocate and encourage participants to have their voices heard; illustrate why confidence is necessary to advocate for legislative or other policy changes.
Crystal 2 Professional Level	<b>Novel Application of Virtual Reality Technology for TBI</b> / Erin Young, OTD, Occupational Therapist; QLI, Omaha <i>Objectives:</i> Identify three practical therapeutic applications of the readily-available virtual reality tools for their own patient populations and illustrate current customization and adaptation developments of existing virtual reality platforms for rehabilitation use.
Diamond 6 & 7 Everyone	<b>Return to Learn; Concussions and the Classroom</b> / Rebecca Docter, MA, ATC, Athletic Trainer; Children's Hospital & Medical Center Specialty Pediatric Center - Sports Medicine, Omaha <i>Objectives:</i> Describe cognitive concussion symptoms affecting the student in the classroom; identify academic accommodations appropriate for the classroom and demonstrate appropriate management strategies for unique situations with concussion.
4:20 p.m.	<b>Stretch Break</b> (No Snacks Provided)
4:30 p.m.	<b>Breakout Sessions: Choose one</b>
Crystal 1 Everyone	<b>Bridging the Gap between Institution and Community: Panel Discussion</b> / Moderator: Kathleen White, MS, LIMHP <i>Objectives:</i> Demonstrate the needs of persons impacted by brain injury when transitioning between closely monitored hospital care or rehabilitation to self-care and describe through personal stories the increased stress that caregivers and survivors of brain injury may suffer after losing institutional assistance to help health professionals understand the assistance they need in the community.
Crystal 2 Professional Level	<b>Concussion Management Team: The Primary Care Provider as the Team Leader</b> / Rob Miller, M.D.; Emergency Room Physician, Columbus Concussion Management Clinic, Columbus Community Hospital. <i>Objectives:</i> Demonstrate the tools available to assist in the diagnosis of a concussion; relate the roles of leaders in a multi-disciplinary concussion management team and explain strategies for effective communication among team members; review "XLNTbrain" concussion management system from injury to return to learn and return to play.
Diamond 6 & 7 Everyone	<b>How The Legal and Medical Worlds Need to Work Together</b> / Mark Richardson, JD; Rembolt Ludtke LLP, Lincoln <i>Objectives:</i> Explain how medical professionals fit into the landscape of a personal injury case brought by one of their clients; examine how medical professionals can help make a client's legal claim less of a burden to their medical practice; illustrate unique features of a TBI personal injury lawsuit compared to other types of injuries.
5:30 p.m.	<b>Conclusion</b> ( <i>For Contact Hours: turn in Day 1 evaluations &amp; receive certificate at Registration Desk</i> )
<p><b>Contact Hours Are Available to Many Healthcare Professionals:</b></p> <p>Contact hours meet Nursing Standards, but may also be acceptable for Social Workers, Occupational Therapists, Physical Therapists, Mental Health Practitioners, Educators and Vocational Rehabilitation Counselors. For information regarding contact hours, go to <a href="https://biane.org/conference/professionals.html">https://biane.org/conference/professionals.html</a></p> <p>6 contact hours are available on 3/26 and 4 contact hours are available on 3/27. <i>Continuing Education Contact Hours awarded by Iowa Western Community College, Iowa Board of Nursing, Provider #6</i></p>	

## Friday, MARCH 27

7:00 – 8:00 a.m.	<b>Registration &amp; Coffee</b> in Exhibit Area Diamond 6, 7, 8
8:00 a.m.	<b>Breakout Sessions: Choose one</b>
Crystal 1 Everyone	<b>Meeting the Challenge of Brain Injury Through Resource Facilitation</b> / Gina Simanek, MA, LMHP & Chris Stewart, BS, Resource Facilitators; Brain Injury Alliance of Nebraska <i>Objectives:</i> Demonstrate what resource facilitation means in Nebraska and describe the needs and barriers that individuals with BI face in Nebraska; explain how brain injury brings about a lifetime of changes for the survivor, the family and the community and examine cases of individuals served.
Crystal 2 Professional Level	<b>Cannabis Impact on Neuropsychological Functioning and Development</b> / Jeromy Warner, PSY.D., LP, Psychology Coordinator; Behavioral Services Mary Lanning Healthcare, Hastings <i>Objectives:</i> Define the effects of cannabis on neuropsychological functioning and identify key ways development is impacted by cannabis; examine ways cannabis can affect neuropsychological testing and EEG and explain and discuss “risk versus risk” decision-making for treatment involving cannabis.
9:00 a.m.	<b>Stretch Break</b> (No Snacks Provided)
9:10 a.m.	<b>Breakout Sessions: Choose one</b>
Crystal 1 Everyone	<b>Ticket to Work: BI &amp; Work</b> / Shauna Dahlgren, Work Incentive & Community Outreach Specialist; Easter Seals <i>Objectives:</i> Review social security disability programs; discuss employment considerations after a brain injury and identify available support for returning to work.
Crystal 2 Professional Level	<b>Movement Disorders in Persons with Brain Injury</b> / Nabeel Syed, MBBS Fellow, Movement Disorders; Department of Neurological Sciences, UNMC, Omaha <i>Objectives:</i> Identify movement disorders that are commonly seen in persons with brain injury; review the evidence behind linking brain injury to movement disorders and discuss management options for movement disorders in persons with brain injury.
10:10–10:30 a.m.	<b>Break with Food</b> - Exhibit Area Diamond 6, 7, 8 (Check out of hotels)
10:30 a.m. Crystal 1 & 2	<b>Medication and Brain Injury</b> / Karl Sandin, MD, MPH, Assistant Professor of Surgery (trauma); Creighton University School of Medicine and Medical Director, Immanuel Rehabilitation Institute, Omaha <i>Objectives:</i> Review medications with salutary effects on disorders of consciousness; agitation, attention, memory, or mood after brain injury; compare and contrast pharmaceutical approaches for people with brain injury and preexisting or concomitant psychiatric diagnoses; Learn medications to generally avoid after brain injury.
11:30 a.m.	10-minute Stretch Break (No Snacks Provided)
11:40 a.m. Crystal 1 & 2	<b>Maximizing Brain Injury Recovery to Achieve Your Best</b> / Kelly Tamayo, Psychologist, PsyD; Complete Behavioral Health, Nebraska Medical Center, Omaha <i>Objectives:</i> Describe how the natural processes of neurogenesis and neuroplasticity promote brain recovery; show how to increase neurogenesis and the natural healing process to promote life-long brain health; discuss how to make meaningful goals and treatment plans based on benefits of brain neuroplasticity.
12:40 p.m.	<b>Conclusion</b> (For Contact Hours turn in Day 2 evaluations & receive certificate at Registration Desk)

**EARLY BIRD REGISTRATION** forms must be postmarked by (or online registration sent by) **FEBRUARY 14, 2020**.

**TO REGISTER:** use the form included or register online: <https://biane.org/conference/registration.html>.

**Speaker Handouts Available Online** from March 20 through April 6. Printed handouts are not provided at the conference. To print handouts visit: <https://biane.org/conference/speaker-presentations.html>.

# Nebraska Brain Injury Conference

## Registration Form

March 26-27, 2020 | Younes Conference Center, Kearney

- 1. Audience:** Persons with brain injury, family members, caregivers, nurses, social workers, psychologists, occupational therapists, physical therapists, mental health practitioners, speech language professionals, educators and vocational rehabilitation counselors and other allied healthcare providers.
- 2. Register Online:** Pay by credit card at <https://biane.org/conference/registration.html>  
**Register by Mail:** (complete this form separately for each person attending, unless all are at same address). Make checks payable to Brain Injury Alliance of Nebraska and mail with check to: BIA-NE, 2301 NW 50th Street, Lincoln, NE 68524-1546.

### Conference Registration

<u>I am:</u>	(Circle) <u>Paying:</u>	<u>Early bird Fee</u>	<u>Regular Registration Fee</u>
General/Professional		\$200 before 2/14/20	\$225 after 2/15/20
Individual with brain injury or family member		\$ 75 before 2/14/20	\$ 95 after 2/15/20

*\*\* Registration fees include all sessions, lunch on Thursday and all breaks*

#### I will attend:

Thursday, March 26, 2020

Friday, March 27, 2020 (*Fee is the same for 1 or 2-day attendance*)

*\*\*This is important for food counts*

All persons must register using separate forms unless at the same address, phone number, etc.

**Copy this page for each additional person being registered**

Name \_\_\_\_\_

Profession and/or Organization (if applicable) \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Dietary and other special accommodations needed (*Please describe*): \_\_\_\_\_

Date: \_\_\_\_\_ **Amount Enclosed:** \_\_\_\_\_

**Payment must accompany registration**

*For organization direct bill, see contact information below*

**Scholarships are Available for those with Brain Injuries:** Scholarships are for persons with brain injury who could not otherwise afford to attend the conference. Scholarships are claimed by February, so act fast. Contact Cindy at [cindy@biane.org](mailto:cindy@biane.org) or 402-304-8103. **Scholarships do not cover lodging.**

**Conference Location/Lodging:** The conference is held at the Younes Conference Center at 416 Talmadge Road, Kearney, NE. Lodging is not covered with registration. To reserve, see "Lodging" information at <https://biane.org/conference/lodging.html> and tell your hotel you're with **Nebraska Brain Injury Conference.**