



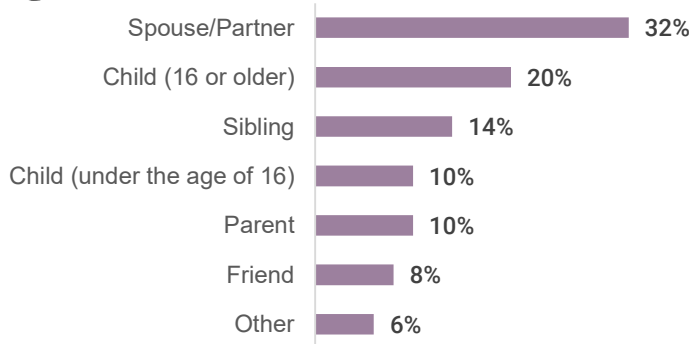
# Nebraska Brain Injury Needs Assessment – 2024

## Family Member/Caregiver Survey Results

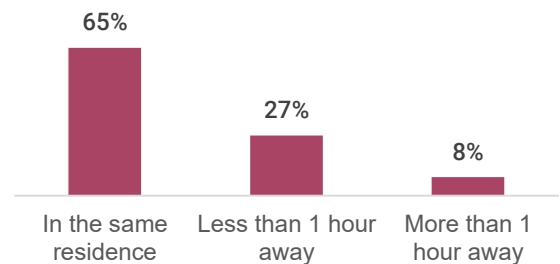
As part of a statewide brain injury needs assessment, a survey was available from March 12 to May 3, 2024 for family members and/or caregivers of individuals in Nebraska who have experienced a brain injury. The needs assessment was done through Nebraska VR (Vocational Rehabilitation) with the support of the Brain Injury Advisory Council and Partners for Insightful Evaluation. The survey was available online and on paper, and individuals could request to complete the survey through a zoom or telephone interview. There were 50 people who answered at least the first few questions of the survey. This report summarizes the results.

*Note: Figures include "(n=##)". That indicates the number of people that answered the survey question.*

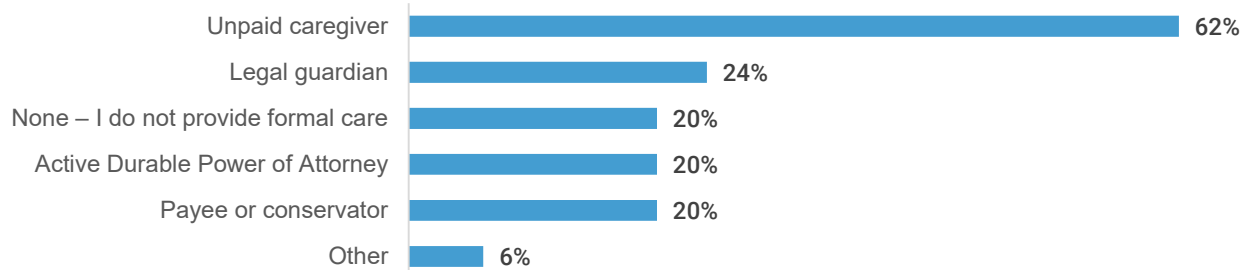
### Q. Is the individual with a brain injury your... (n=50)



### Q. Where do you live in relation to the individual with the brain injury? (n=49)



### Q. What caregiving role(s) do you serve for that individual? (n=47)

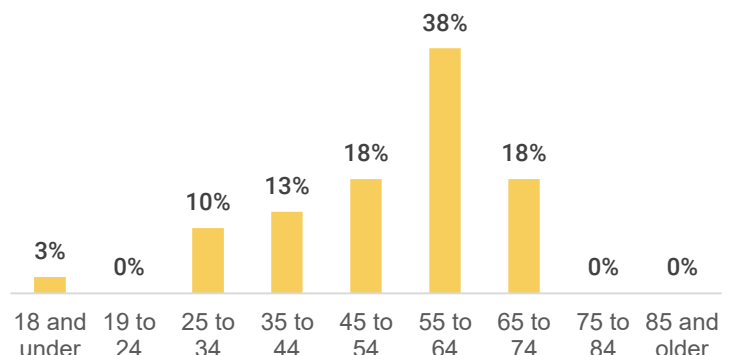


## Demographics of Respondents

There were 50 people who participated in the survey. Among the respondents...

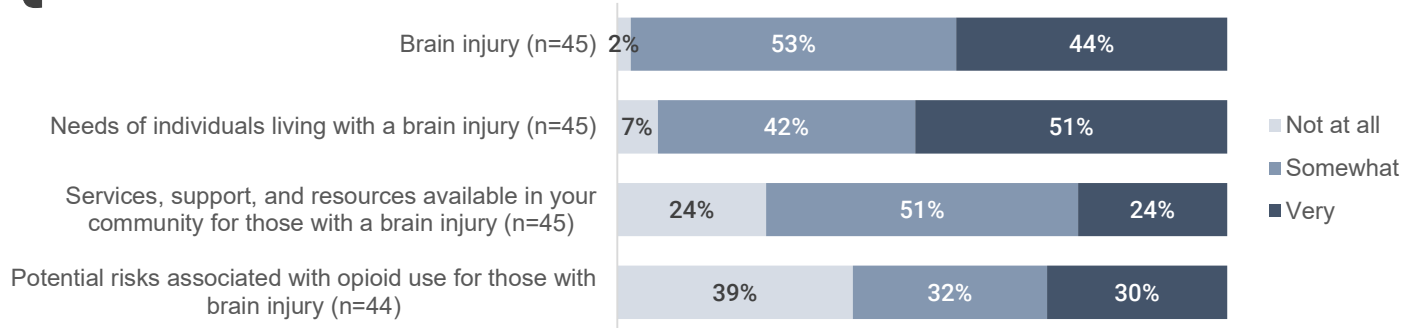
- A majority (85%, n=33) were female.
- A majority (92%, n=36) reported being white. Two respondents (5%) reported being Hispanic or Latino while one reported being Black or African American.
- All but two indicated their primary language was English (n=39).
- About 69% had an Associate's Degree or higher for educational attainment. The most common reported was graduate or professional degree (36%, n=14).
- There were 24 counties represented through the respondents. The top counties included Buffalo (15%, n=6), Lancaster (13%, n=5), Lincoln (13%, n=5), Douglas (5%, n=2) and Merrick (5%, n=2).

### Q. What's your age group? (n=39)



## Brain Injury Education & Awareness

**Q.** How knowledgeable are you about...?



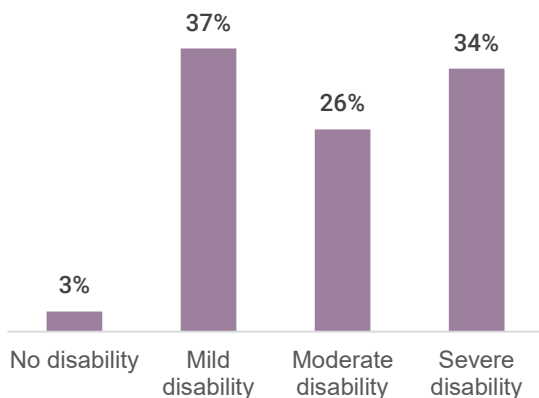
**Q.** What types of training, resources, or materials (if any) would be helpful to better understanding brain injury and how to care for someone who has experienced it? (n=25)

Open-ended responses were coded into the following categories:

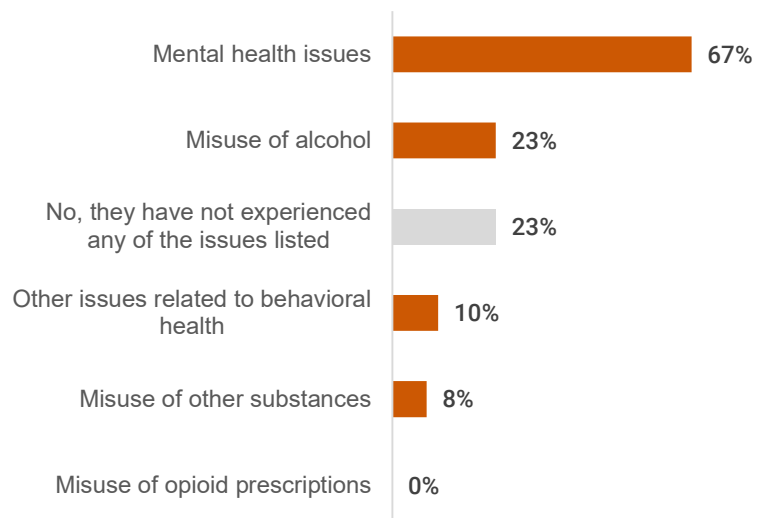
1. Educational resources for understanding brain injury and what to expect (n=8)
2. Support for caregivers (e.g., online trainings, mentor supports, support groups, etc.) (n=7)
3. Assistance in a specific area (legal, cognitive classes, dementia) (n=5)
4. Training for medical and mental health providers on the impacts of brain injury (n=3)
5. Educational support (n=3)
6. Practical needs like transportation and vocational rehabilitation (n=2)
7. General requests to better understand current resources and services available to caregivers (n=2)
8. Specific types of brain injury (n=1)

## Individual with Brain Injury

**Q.** What is the degree of disability related to activities for daily living for the individual? (n=38)

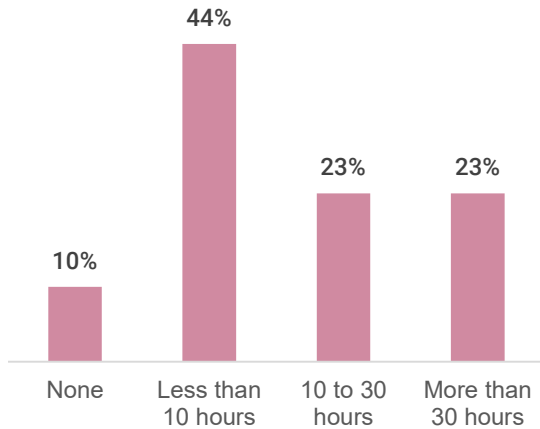


**Q.** Has the individual with a brain injury ever experienced (or is currently experiencing) any of the following? Select all that apply. (n=39)

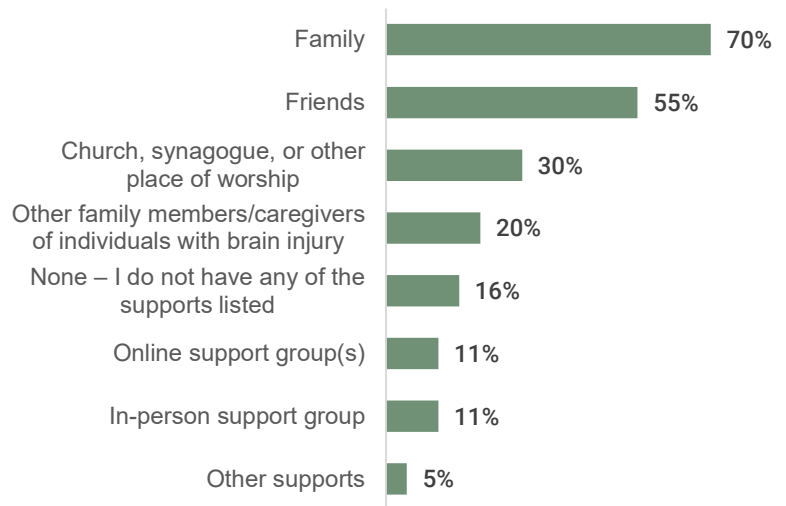


## Support for Family Members/Caregivers

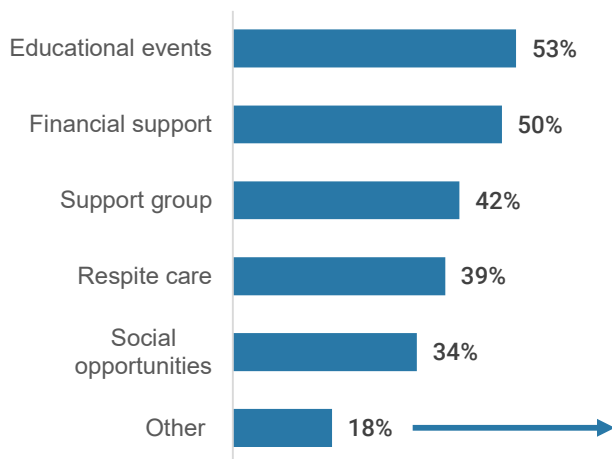
**Q.** About how much time each week do you spend directly caring for that individual? (n=39)



**Q.** Where do you go for social and emotional support related to caregiving? Select all that apply. (n=38)



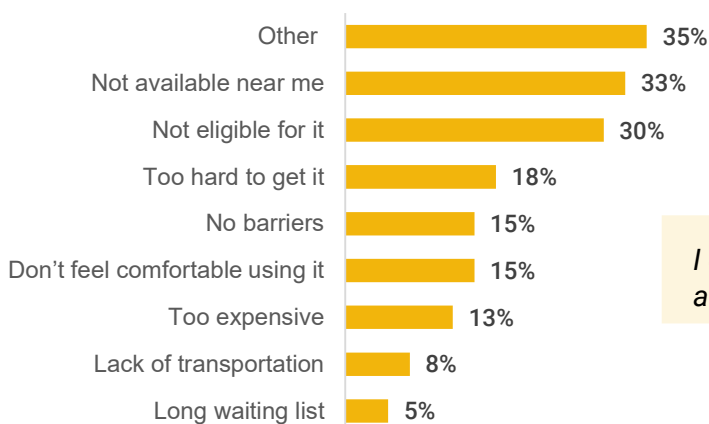
**Q.** What supports or services would be helpful to you as a caregiver? Select all that apply. (n=40)



There were 7 people who had "other" responses, including:

- A network of caregivers in which to share resources or ask questions or meet with socially
- A place for treatment of brain injury, mental health and addiction all at once. Instead of having to wait until drug free for treatment.
- Availability of resources for someone with a severe TBI
- Information to help me understand better what my sister was experiencing and how I could assist her better.
- Just one person who will listen to our story.
- Programs for spouse
- Support group via zoom

**Q.** What prevents you from getting the support and services mentioned in the previous question (what supports or services would be helpful to you as a caregiver)? Select all that apply. (n=38)



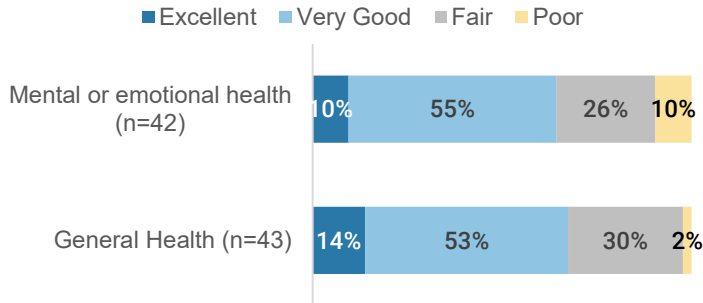
*No coordinated list or forum of caregivers to my knowledge.*

*I don't really know what is available. Money is an issue.*

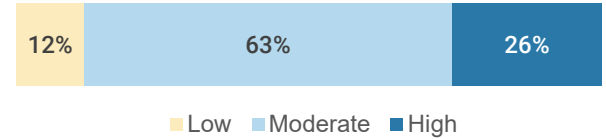
*Hard to find respite*

## Mental & Physical Health

**Q.** Would you say that your mental and general health is...?

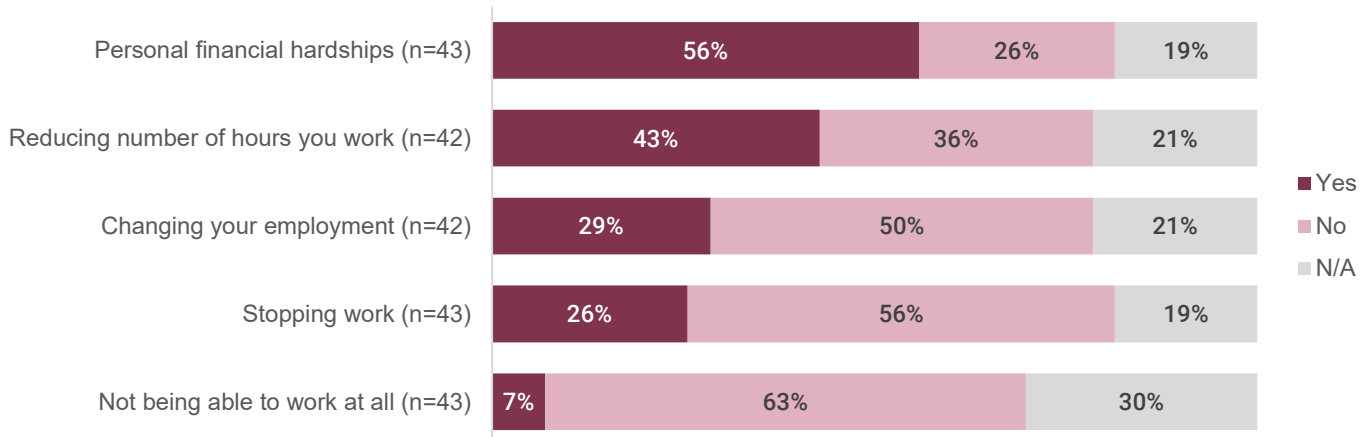


**Q.** How would you describe your level of emotional stress in your role as family member and/or caregiver of an individual with a brain injury? (n=43)

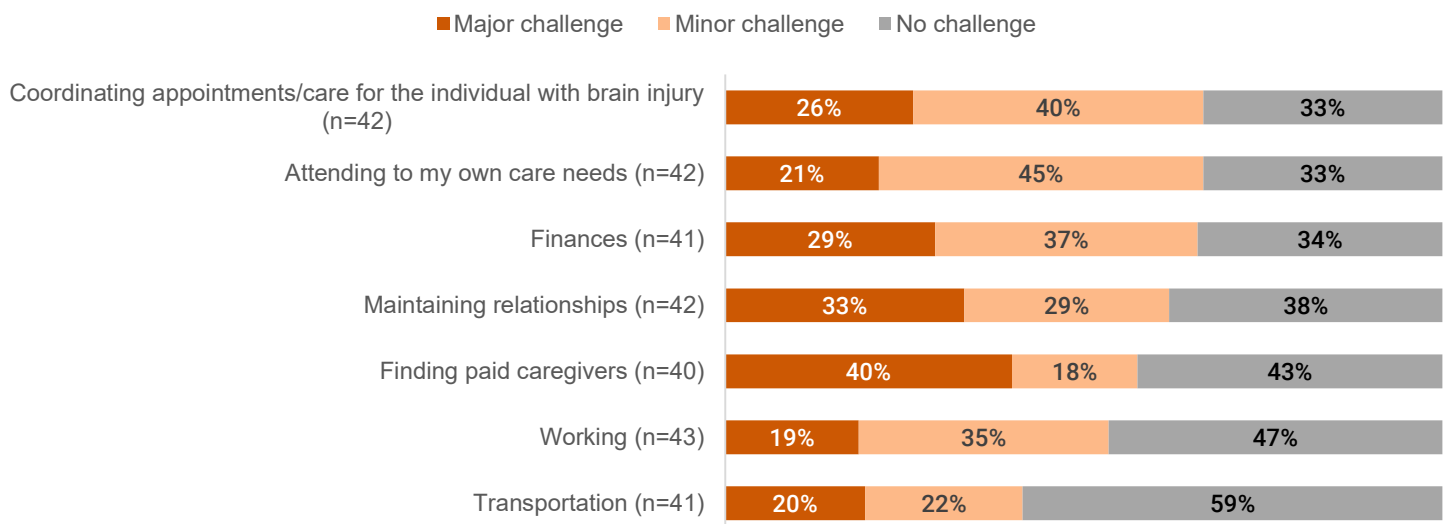


## Changes & Challenges due to Caregiving

**Q.** Do you believe your caregiving responsibilities resulted in... ?

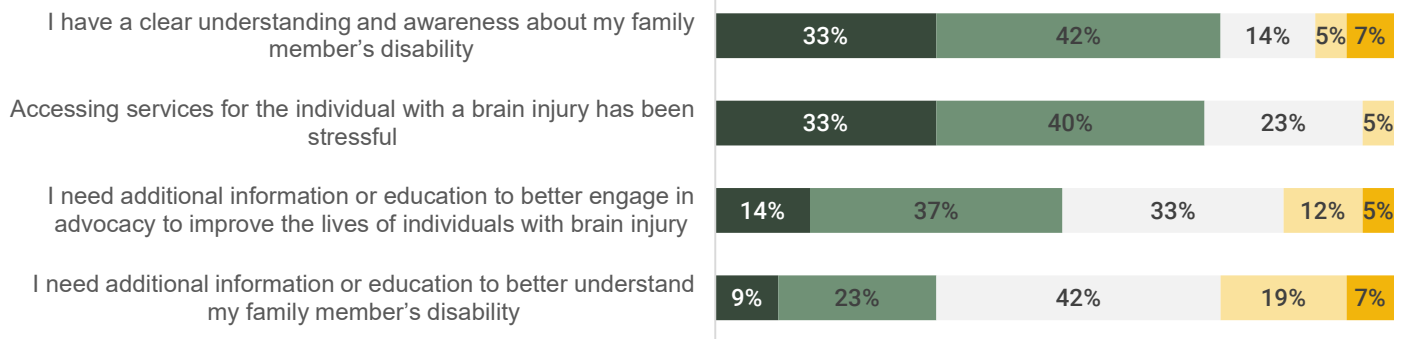


**Q.** Below are some challenges people may experience as an unpaid caregiver/family member to someone with a brain injury. Indicate how much of a challenge each one currently is for you.



**Q.** Mark your level of agreement with the following statements.

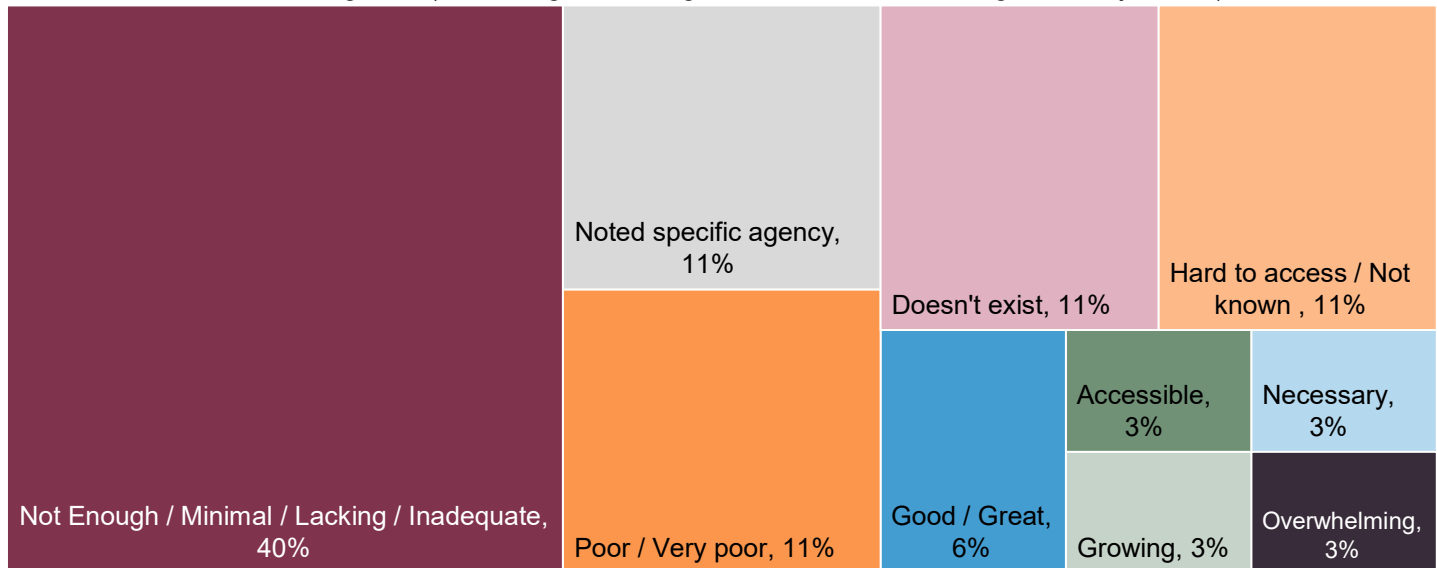
■ Strongly agree ■ Agree ■ Neutral ■ Disagree ■ Strongly disagree



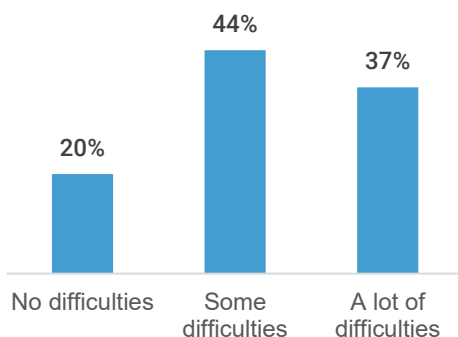
## Services

**Q.** In one or two words, what comes to mind when you think of brain injury services in Nebraska? (n=35)

Words coded into like categories (red/orange have negative connotation; blue/green are positive)

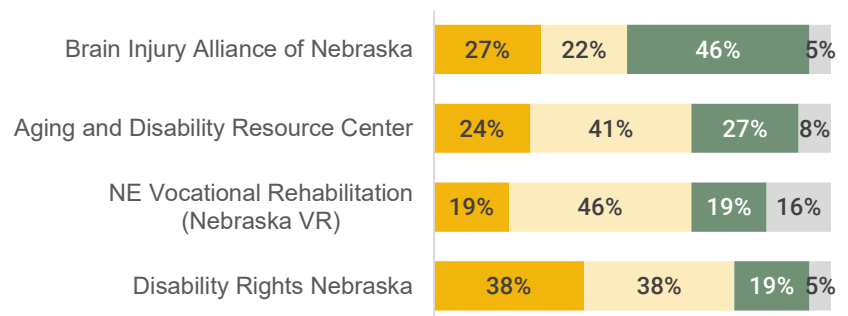


**Q.** How much difficulty have you had trying to coordinate services for the individual with a brain injury? (n=41)

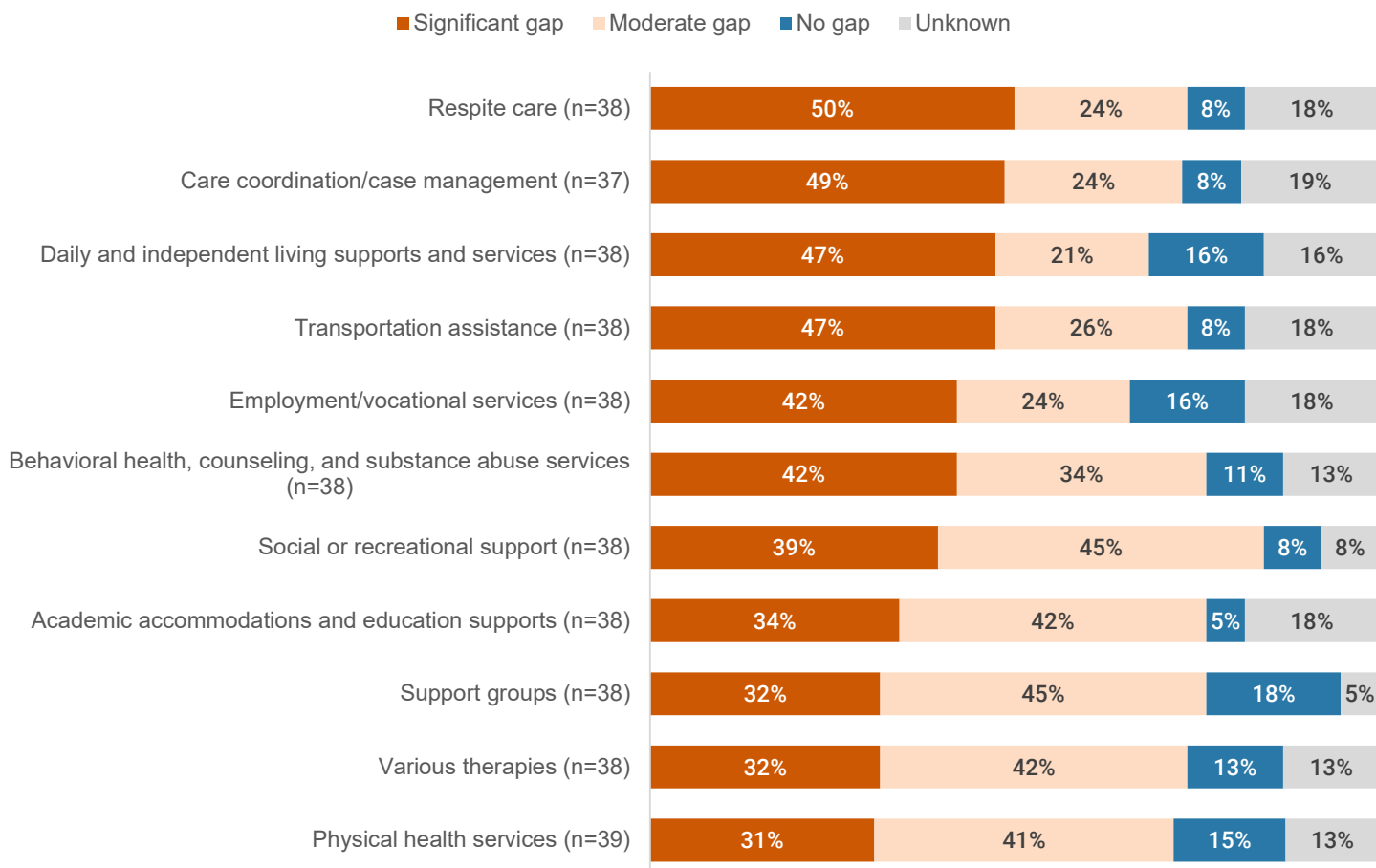


**Q.** Which of the following organizations have you and/or the individual with brain injury utilized since the brain injury? (n=37)

■ Not aware of ■ Haven't used ■ Used ■ N/A



**Q.** Within your region of the state, how would you describe the gaps in the services listed below for people with brain injury?



**Q.** What could help improve services for those with a brain injury? Select all that apply. (n=38)

