

# 2<sup>nd</sup> Annual Living with an Injured Brain Summit

A Virtual Event to Engage You  
on Your *Recovery Journey*



Connect with a computer or device:

<https://zoom.us/j/6967605011>

Or connect via telephone: 1-408-638-0968 -- ext: 6967605011

## PROGRAM SCHEDULE

**November 9<sup>th</sup>, 10<sup>th</sup>, 12<sup>th</sup> and 13<sup>th</sup> – 9 am – 11 am CT  
(recorded and re-presented 6 pm – 8 pm CT)**

The **Purpose of this Summit** is to bring together the people of the Injured Brain Community—those living with an Injured Brain (Peers), family members, and caregivers, as well as providers, agency representatives and other community champions.

Our goals in coming together are to foster discussion regarding important topics, to hear directly from Peers and family members, and to establish connectivity among people who are on the Recovery Journey together.

Additional information will be sent out to registrants after the Summit, including written answers to the questions that were submitted by attendees, resources fact sheets, and instructions for joining the Learning Communities that will be launched by this Summit.

- Monday, Nov. 9: An Overview of the Statewide Vision for Brain Injury Policies and Services, and the Organizations Helping to Accomplish the Vision**
- Learn what Nebraska VR, the Brain Injury Advisory Council (BIAC), the Brain Injury Alliance of Nebraska (BIA-NE) and NIBN are, and how they are collaborating to create more resources and supports for Peers across the state.
  - *Presenters: Keri Bennett (Nebraska VR), Peggy Reisher (BIA-NE), Chris Stewart (BIA-NE), Judy Nichelson (BIAC), and Emaly Ball (NIBN)*
- Tuesday, Nov. 10: Living with an Injured Brain...You are Not Alone on Your Recovery Journey**
- As Peers we are unique, but we are not alone. Listen to the Recovery Journeys of three Peers. Listen for what feels familiar, and recognize that people all over the state are experiencing a similar journey as yours. Come away finally feeling connected to a community that understands you and that you can contribute to.
  - *Presenters: Roy Stutz, Sara Kadyrova, Shawna Thompson*
- Thursday, Nov. 12: Coping, Managing, and Living with an Injured Brain**
- Tune in to hear how some Peers have managed to cope with their injured brains and the many challenges that they encounter. Learn some new techniques that may help you. Feel validated that your hardships are shared by others. Help build the tools and resources that can be useful to others.
  - *Presenters: Emaly Ball, Roy Stutz, Pam Cody (Assistive Technology Partnership)*
- Friday, Nov. 13: So, Your Loved One has an Injured Brain... The Family Member and Caregiver's Journey**
- As Family Members and Caregivers, we experience a unique type of stress. We are not alone. Listen to others in the same role, and come to know that you are part of a community that needs to find and help each other.
  - *Presenters: June Collison, Dennis Thompson, Susie Bonde*
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## Learning Communities

The fun doesn't stop! **After this Virtual Summit, we will host Learning Communities** online (and

perhaps in-person someday) to continue to learn from one another, build new relationships and supports, and increase our knowledge and skills. Each Topic will become a Learning Community that will meet virtually throughout the year, and we hope you consider participating and becoming part of the Injured Brain Community.

**To participate in a [Learning Community](#), please send an email expressing your choices from the topics below, to: [trisa.christensen@nebraska.gov](mailto:trisa.christensen@nebraska.gov)**

- Continued discussion about the Vision and partner organizations
- Continued discussion about the Recovery Journey and Tools and Resources
- Continue discussion about the Family Members and/or Caregiver's journey

You will be contacted about the date and time for the first meeting which will occur sometime in mid-January 2021.

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**Thank you for attending!** This Virtual Summit is *by* people living with an injured brain (Peers) *for* people living with an injured brain, and their family members and caregivers. The Summit experience is designed to be both empowering and inclusive, not only of the people who are in the Injured Brain Community, but for all partners and stakeholders as well.

**Please let us know how we did and any suggestions you have for our 2021 Summit by completing the Online Evaluation at:**

<https://www.surveymonkey.com/r/BIsummit2020>

**Thank you to the Presenters!** This includes the Brain Injury Alliance of Nebraska (BIA-NE), along with several individuals who are sharing their stories so that attendees can recognize that they are not alone in their Recovery Journey, as well as to learn new strategies and perspectives that can be helpful.

This Virtual Summit is brought to you by the teams at Nebraska VR, The Brain Injury Advisory Council (BIAC), and the Nebraska Injured Brain Network (NIBN).

This project was supported, in part by grant number 90TBSG0036-03-00, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects under government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official Administration for Community Living policy.

