

Take time for



Caregiver Retreat

October 14, 2020 | 9 a.m. - 12 p.m.

UNO Thompson Alumni Center | 6705 Dodge St, Omaha

Pat Billings and Ruth Hamlin, Co-Leaders of Powerful Tools for Caregivers, Invite you to:
A FREE, socially distanced event for anyone providing care, support, or advocacy for another.

BRAIN TALK (Basics, Resources, Advocacy, Innovation, Networking)

"How Can Your Journey Empower Yourself and Others?" Featuring:

Ruth Hamlin, Powerful Tools for Caregivers

Chris Stewart, Resource Facilitator - Brain Injury Alliance of Nebraska

Participate in Unmasking Brain Injury - Through the creation of your own mask, discover a new perspective on your journey - the challenges you have overcome, the strengths you have found and hope for your future.



RSVP by October 1st

Ruth Hamlin
Powerful Tools for Caregivers
402-650-7132

Partners:

Powerful Tools for Caregivers (PTC)
Brain Injury Alliance of Nebraska (BIA-NE)
Enrichment Foundation
Martinwood International



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